



# CARING AND SHARING (EAST SUSSEX) NEWSLETTER 2017

**‘Live more simply that others may simply live’**



**Feeding Programme, Honduras**

This newsletter is free.  
Please take it home and  
read about our projects.

[www.caringandsharingeastsussex.org.uk](http://www.caringandsharingeastsussex.org.uk)

## What is Caring and Sharing?

The Caring and Sharing scheme was started in Eastbourne in 1982. It was based on two ideas: one that by making a small sacrifice members can turn away from the material values of the western world; the other that they can share their comparative wealth by sending the savings from this small sacrifice to projects in poorer countries which help to provide the basic needs of life. The sacrifice is not expected to be a major one. It is in its regularity that it grows in value. A digestive biscuit costs only a few pence, but 5p a day amounts to more than £18 a year, and such sums given regularly help us to send about £70,000 a year to our projects.

### CHAIRMAN'S LETTER

Charities survive because of individual generosity, good will and commitment. However noble the original vision which led to the foundation of a Charitable Trust, without those virtues, the most worthwhile of schemes would falter. The fact that Caring and Sharing is entering its 35<sup>th</sup> year confirms the contributions that many in East Sussex and beyond have made, some over the whole period of time. There has also been a succession of committee members during those years, each one selflessly guiding the scheme's management and spending countless hours in working for our success. A new face is now joining an established committee. Whilst we will be saying "goodbye" to our Treasurer Richard Hughes, thanking him for his financial expertise since assuming the post on 1<sup>st</sup> June 2012, we welcome Michael Jones, who is taking over the Gift Aid submissions to HMRC from Julia Maling. He joins an experienced team of Trustees, some of whom have served faithfully for 20 or 30 years. We seek a new Treasurer to replace Richard.

One way in which we might promote Caring and Sharing is to place a copy of the 2017 Newsletter in the hands of family, friends or Church members who may not be subscribers. Members of the committee are very willing to talk about our Charity at Church Services, mid-week groups, fellowships etc. Please let us know where we can help.

Finally, I thank your Committee for another year's sterling work and all of you who sustain Caring and Sharing in its vital role of improving the quality of life of the beneficiaries of the projects we support.

*Hugh Moseley*

## **How Caring and Sharing (East Sussex) is managed**

It is largely true that the grass roots of an organisation have little idea as to how a company or charity functions. It is not until we are invited to sit on a board of directors or a school's governing body or a Church Council that we begin to understand the mechanism by which the business is run and its aims achieved. Even then it takes time for us to become familiar with the distinctive features of governance and to make our own contribution.

Caring and Sharing is a Charity overseen by the Charity Commission, to which we must submit independently examined accounts each year. This document also details the reasons for our existence, that is, that individuals contribute sacrificially to various projects "designed for the public benefit of eliminating poverty and ill health". The Accounts explain the method by which such money is usually collected by local representatives and sent to the Treasurer via area coordinators.

The Management Committee, who are the Charity's Trustees, meets four times a year to transact all the matters that pertain to fulfilling the aims and objectives of our Charity. We are all volunteers so that the administrative costs are low, the main expenditure being the printing of the annual Newsletter. This publication is widely distributed and contains current reports of our 14 projects' activities. Beside that, we receive regular updates from the projects' managers, which reports we disseminate to those groups and individuals supporting a particular project. Our two Eucharistic services each year, as well as other meetings and public addresses, provide opportunities for these projects to be presented. Our website is also a useful source of information.

Members join the Management Committee for distinctive purpose, for instance, as Projects Officer or Treasurer or Area Coordinator. Three members are signatories of cheques which are sent to the projects either through UK agencies or by overseas bank transfer. Channelling money through a UK agency like, for instance, the Lawrence Barham Memorial Trust, is a safe way of helping retired Rwandan clergy with their pensions. We always receive notification from project managers that our donations have been received. They emphasise the value of our contributions and express their most grateful thanks. The Committee closely monitors the amounts sent and allocates bequests and lump-sum donations if no specific project is identified by the donors. Moreover we submit data for Gift Aid reimbursement from Her Majesty's Revenue and Customs. Our aim is to maintain our level of giving and to this end we encourage

individuals to join Caring and Sharing and to pray for the particular project each chooses to support.

Our Charity flourishes because a network of donors, parish and area representatives remain faithful to the Scheme set up 34 years ago. I hope that this article gives an insight into the way we as a Committee manage your money and that you continue to place your trust in us.

Finally we are grateful for the concerned oversight provided by Bishop Nicholas Reade, our Patron, who is an assistant Bishop in the Dioceses of Chichester and Europe.

*Hugh Moseley (Chair)*

## FINANCIAL INFORMATION

Our financial year is 1 June – 31 May each year and these figures are those examined and duly submitted to the Charity Commission for each accounting period.

### Totals sent to projects

Page	Project	2014/15	2015/16
5	Steve Willis Memorial Fund	£5,900	£7,300
6	Clergy Pensions, Rwanda	£3,600	£2,750
7	School for the Deaf, Tanzania	£2,900	£3,800
8	Bolgatanga, Ghana	£2,000	£4,000
9	Fistula Hospital, Ethiopia	£5,400	£5,175
10	My Father's House, Olinda, Brazil	£4,200	£2,900
–	Casa Guatemala orphanage and village	£1,800	£550
11	Children's nurseries, Lima, Peru	£4,300	£6,275
12	Street Educators, Medellín, Colombia	£4,800	£8,900
13	Feeding Programme, Honduras	£9,400	£3,700
14	Little Flower Leprosy Centre, Raxaul, India	£6,900	£3,900
15	Social Services Institute, CNI, Nagpur, India	£4,700	£2,800
16	Ebenezer Day Care Centre, Chennai, India	£3,100	£2,300
17	Chernobyl Children Rye	£3,800	£4,400
18	Fundatia New Life, Romania	£5,400	£8,850
	<b>TOTALS</b>	<b>£68,200</b>	<b>£67,600</b>

## AFRICAN PROJECTS

### THE STEVE WILLIS MEMORIAL FUND, UGANDA

The Steve Willis Memorial Fund (SWMF) has been working hard in 2016. SWMF has funded the installation of four new boreholes this year – a magnificent achievement bringing the total number of installations to 20. The boreholes are located in northern areas of Uganda, which have seen a huge influx of people displaced due to the activities of the Lord's Resistance Army.

Three of the boreholes constructed in 2016 were at Health Centres. Two of the clinics have maternity wards which require lots of water during and after births. Before the installation of the boreholes, water had to be fetched from several hundred meters away and the wards were filthy with blood stains. They are very different following the borehole installations.



The fourth borehole was constructed at Karungu II Primary School. In the past, the children collected water from a well about 200m away across the busy Gulu-Kampala Highway. Following fatal motor accidents involving the children, the school management decided to stop them using this water

source. The children were unable to wash their hands after using the latrines and before eating. The entire school now enjoys access to clean water and better health thanks to the new borehole. The Water Trust carries out the survey and construction work and provides training in hygiene to the users. The school children, for example, attend a Health Club.

Thank you for your generous donations which make a big difference to the wellbeing of many people in Uganda.

<https://watertrust.org>  
<https://redchillihideaway.com/steve-willis-memorial-fund/>

## PENSIONS FOR CLERGY, RWANDA

The drought in 2016 was unusually long, with the rains delaying nearly two months into late October; crops would not grow and a food shortage arose, with prices rising for the staple products as well as seeds for planting. The Pensioners, along with all Rwandans, were greatly relieved when the drought broke. This challenge added to the many others in 2016; there even had been a couple of recent earthquakes in South West Rwanda and some had suffered damage to their properties.

The Pensioners met in their Dioceses in November and most seemed quite cheerful. They all praised God and relayed their thanks to Caring & Sharing for being remembered with the support. A frequently mentioned challenge was the need to the pay school fees of their dependents; several instances were reported of children unable to complete studies as funds had run out – prayers were requested for this problem. Several, too infirm to leave home, were represented by their children. One pastor's wife was overcome with emotion when she reported her husband's recent passing away.

All reported the usual challenges of old age – rheumatism, failing eyesight, high blood pressure, asthma and stomach problems. Pastor Origines, aged 88, confessed to making a mistake many years ago; he had prayed to reach 100! This made the other pensioners laugh.

*Tony Isaac*



**Pastor Origines of  
Shyogwe Diocese**

## SCHOOL FOR THE DEAF, DAR ES SALAAM, TANZANIA

At the end of 2015 a new President, John Magufuli, was elected in Tanzania and he has arrived with an agenda for change. One of the key themes of his presidency is, very encouragingly, the environment and he is encouraging everyone to think about it more.

The children and staff at Buguruni School for the Deaf have latched onto this theme and are keen to keep the school clean and tidy. This naturally involves cost and so Tanzanear has this year spent Caring & Sharing's generous donations on the upkeep and maintenance of the environment of the school. We believe that not only does this maintain a healthy and safe environment for the children but it also gives them great life lessons for the future so that they will respect the environment as they grow older.

We have continued our ongoing work to improve the quality of water supply at the school but have also painted classrooms, repaired staircases, upgraded mosquito protection and resolved subsidence issues in one area of the school. This work is a bit like painting a big bridge – no sooner do you think you have finished than you have to start again.



For their part, the children join in as they can – enthusiastically sweeping, tidying and cleaning and making the environment brighter and cleaner for all. They are encouraged to pick up litter and taught not to drop it in the first place!

The school is looking in great shape as a result and we thank Caring & Sharing enormously for their continuing support.

*Judith Roberts*  
[www.tanzanear.org](http://www.tanzanear.org)

## **BOLGATANGA, GHANA**

### **Transforming lives through small grants**

Spanning over the last ten years, the Needy Scheme in collaboration with community-based organisations and women's groups has supported rural women with small grants/loans, where possible, to build assets so that they can stabilize their income, raise their standard of living and reorient themselves and their families. Small grants/loans bring big changes to impoverished women, who use the money to build small businesses.

Rural women in northern Ghana continue to live in poverty and with limited access to basic social services, safe water, sanitation, roads, and electricity and telephone services. Poverty is most severe among food crop farmers, who are mainly traditional small-scale producers. About six in ten small-scale farmers are poor, and many are women. Women bear heavy workloads. In addition to their domestic chores, they are responsible for about 65% of agricultural production. More than half the women who head households in rural areas are, sadly, among the poorest 20% of the population.



#### **A member of a group contributing during a session**

It is for these groups and other individuals that the Scheme in partnership with a couple of rural banks has developed a unique economic model to

transition women to institutional banking and the formal economy. Loan funds are recycled so that the program becomes self-sustaining. Women's priorities for the use of their profits are: better nutrition, healthcare and paying school fees for their children... primarily empowering women with options to provide better care for their families.

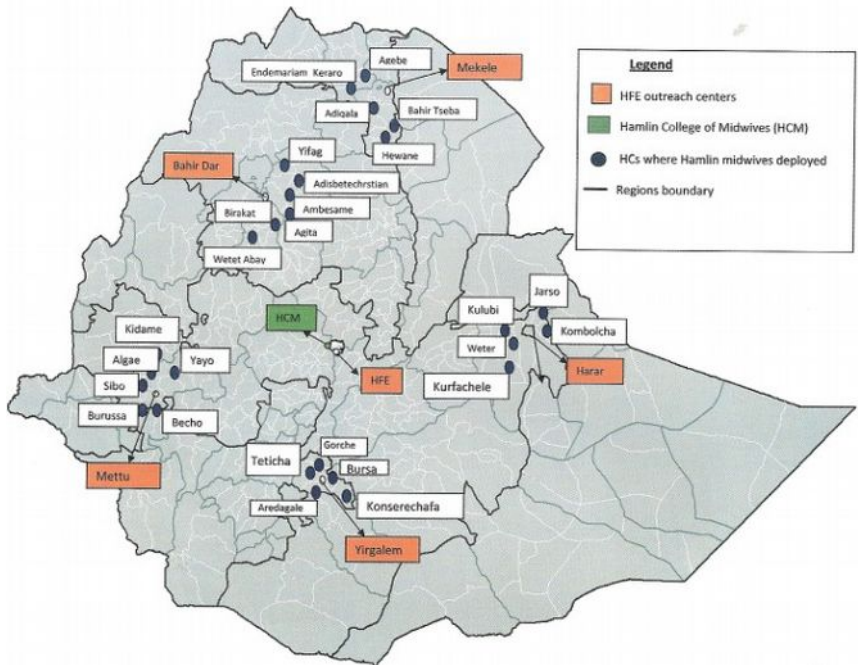
*Fr Edwin Abanga*



# HAMLIN FISTULA HOSPITAL, ADDIS ABABA, ETHIOPIA (HFE)

Once again we can report that the year 2016 has been most successful. There are still many fistula girls arriving and asking for help, this of course is readily available for them because no one is turned away. The patients are poor country girls who have had little or no access to water to keep clean, so they have lived with bodily wastes continually running down their legs.

One such woman came to the Addis Ababa Fistula Hospital wearing the only dress she possessed and in a terrible state, but with good nutrition and plenty of rest she was soon able to receive the physiotherapy she needed before having her surgery. A few months later she had her operation to correct her childbirth injuries. She was cured and went home clean and dry, wearing a new dress and with a new shawl around her shoulders.



Dr Hamlin's dream is that eventually there will be no more fistula injuries and she hopes all of her hospitals will become maternity hospitals. At Hamlin Fistula we love and cherish each mother and we work tirelessly on their behalf. Thank you for helping us and we pray that they will all have access to the great maternal health care that each and every one of them so very much deserves.

## SOUTH AMERICAN PROJECTS

### MY FATHER'S HOUSE, OLINDA, BRAZIL

This is a large rented house near the seafront of Olinda, used to care for boys who are no longer able to live with their families. Twelve boys can be accommodated at a time and staff have to be there 24 hours a day to help work with their many problems, while others research documents, schooling and the reasons for family breakdown, as well as visit relatives to help sort out their problems with a view to reintegration into family life as soon as possible.

We have begun to receive more help from the authorities in some areas of our needs, one of which is in relation to the cost of feeding our hungry mouths. We are now receiving some food from the government food bank with a fortnightly gift [often on or very near “sell by dates”] but as the boys soon consume all, this is no problem. Also the legal authorities have what

they call an “alternative sentence” scheme whereby first time offenders can choose to pay a type of “monthly fine” instead of doing prison time.

This money is then used to buy food which is given to “worthy causes”. *My Father’s House* has recently qualified as such a cause and we are receiving “meat” which is our most expensive food item!



In another area we have been having difficulties for a long time in relation to the local Health and Hygiene regulators, whose rules and regulations are extremely complicated. Once again, thanks to a gentle push from the legal people, the H & H team have inspected us and made very few demands (e.g. mend the washing machine and put down rat poison!) which will give us yet another much needed document.

On a very different level, Brazil has once again changed some of its adoption laws and made the process easier. In the future it will even be easier for adoption to take place by parents from abroad. These changes have made it possible for one of our boys to complete the process and move on to an adopted family here in Brazil. (Once again not easy for older children.)

*Rev. Ian Meldrum*

## NURSERIES OF CHRIST THE REDEEMER AND HOLY TRINITY, LIMA, PERU

The places where our nurseries are located are marginalized places where crime, drug addiction juvenile delinquents and poverty are rife. Just two weeks ago one of our teachers was assaulted by criminals armed with guns, and several parents have also suffered from robberies.

This year was also difficult because we do not have much money to pay teachers' salaries; some families can contribute towards fees and salaries, but it is still not enough, so we carry out activities to raise funds. Despite this we continue with our educational projects for children giving a comprehensive education to children and training parents in schools through talks and workshops where they learn to perform tasks and provide good care and protection for their children. The pastoral work of the Church is very important. Each pastor in Holy Trinity and Pastor Anderson of Christ the Redeemer spend time with the children once a week each Monday morning.



These siblings in our nursery school live with their parents in the family home, but the parents themselves are teenagers. Both work and the children stay with us until five in the afternoon and the parents pick them up later. We get support from a government program for them but there are many times the government forgets them and they often do not

receive help. We strongly support the parents because they are young and have no family members who can help them care for the children. Counselling and visiting are under the care of Pastor Anderson. We thank God for the nursery schools that are places of refuge for so many children.

Please pray for us as we suffered a lot these past few years, since 2011 when our nurseries became self-supporting. We minister to the neediest people in our society. Thank you for helping us and walking with us in this educational project.

*Isabel Montoya, Director*

## STREET EDUCATORS, MEDELLÍN, COLOMBIA

I've just returned from spending a month with our children and staff in Medellín, Colombia. One highlight for me was going out with Martín and Claudia, two of our street-educators, and a group of children from a tenement situated in a very dangerous and drug-ridden part of the city. Two years ago, these children were running wild in the streets and although they slept in the tenement building at night it was very little different to sleeping in the street, with drugs and prostitution filling its rooms and corridors. It was clear where the children were heading.

At first our Educators began working with them in the street; then they were given a room inside the tenement building and from there our staff made contact with some of the mothers and won their trust. The mothers let our staff get school places for their children and allowed them to go to Casa Walsingham and to join in treats, like the visit to the cinema. Our staff invited mothers to come to Casa Walsingham and see our work, and they told other mothers about us. As more and more came to know and trust us, the group grew so that from a few poor children meeting in the street it has grown to a large group of clean, well cared-for children, going to school and coming to Casa Walsingham, with mothers who treat them well and want a future for them.

So it was that on December 28<sup>th</sup> 13 of the group with Martín, Claudia and I, and a few mothers, went shopping for shoes. We went to the famous 'El Hueco' – the Hole – well known for its good prices. These children had never been to a shoe shop before; had never chosen shoes for themselves; had never even had new shoes. It was a revelation and a joy to watch them. It was also something of a trial, with temperatures well in the 30s and a group



of children who were not going to be fobbed off with anything! This was their big chance and they were not going to miss it! We ended up with a group of hungry and thirsty children, so we took them to a cafe and bought them a snack and a drink using money that my neighbour had given me. They were very happy and felt encouraged to continue on their present path.

*Pauline Allan*

[www.letthechildrenlive.org](http://www.letthechildrenlive.org)

## FEEDING PROGRAMME, HONDURAS

The early childhood stimulation program of Alternatives and Opportunities is revealing that 25 per cent of the under 5's children have some degree of malnutrition. We are following them up in the primary health care clinic and providing nutritional supplementation. The mothers receive education related to best feeding practices. We expect that by mid-year 2017 most of these children will show a normal growth chart.



For the next age group of 6 to 11-year-old children, they are provided a healthy snack at the end of a weekly health education activity. For many of them it is their first meal of the day. The happy faces we see as they dive into the food after washing their hands is a tremendous reward for us and all of you generous donors.

Caring and Sharing has been a unique committed donor for this feeding program for many years, and the children, their mothers and our staff are very thankful for your continuing generosity. We can assure you that there is a large need being met. We send along with this short note our heartfelt greeting for a wonderful, spiritually renewing holiday season and a happy and healthy 2017.

*Dr. Donald Kaminsky, Alternativas y Oportunidades*  
[ayohonduras.wordpress.com](http://ayohonduras.wordpress.com)

## ASIAN PROJECTS

### LITTLE FLOWER LEPROSY VILLAGE, INDIA

Little Flower is changing its lifestyle. It now has a water tank which can bring water to the village rooms. It also has solar power to pump the water from agricultural and dairy farms.

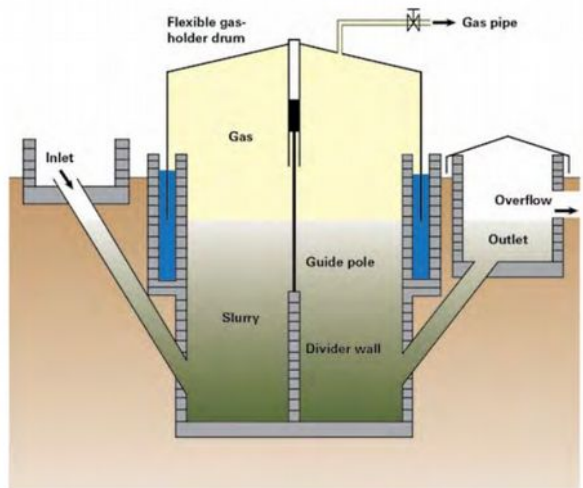
The recent Caring & Sharing allocation has been put towards a much-needed sanitation system for Sunderpur village. This will improve the health of the village, and remove the indignities facing women when there are no toilets.

The project is being undertaken by BASEhabitat, University of Art and Design Linz, and Vienna University of Natural Resources and Life Sciences.

There are two separate treatment systems, one for **greywater**, which is non-toilet wastewater from new houses, for example from showering, cooking, and washing clothes. The other is for **blackwater**, which is toilet wastewater from new houses and from a neighbouring toilet block.

Blackwater plus manure from the dairy farm are put into a digester tank. This produces **biogas** that can be used for cooking (about 3 hours a day for each household), and **sludge** that is dried in a sludge-drying reed bed (and after 4 years used as compost).

Water effluent plus the greywater is collected and pumped into wetland three times per day. It flows vertically through wetland planted with reed (or locally-available macrophytes), and the treated water can then be used for irrigation.



**Digester Tank - Biogas Plant**

## CNI-SSI NAGPUR, INDIA

Persons with Disability (PwDs) are often discriminated against and do not get acceptance in society easily due to their disabilities, even though equal opportunity is one of the fundamental rights enshrined in our Constitution. CNISSI organized an awareness program on the theme “Promoting Inclusiveness and Accessibility of Persons with Disabilities” in December 2016 with the objective of educating young girl trainees and women of self-help groups regarding disabilities.

Talking to other parents who have children with disabilities and joining a support group is the easiest way to deal with parents’ fears. Parents can request reading materials and find out everything they need to know about the disability to help them make an informed decision about what is best for the child.

Mrs. Aradhana Upadhyay shared that people with disability are actually differently able. They can do those things which we cannot do. Those who think of people with disability as inferior are themselves people whose disability lies in their heart. Hence there is a need to have change in our attitude towards people with disability.



**A trainee who is hearing impaired, sharing her experience while undergoing vocational training at CNISSI**

Mr. Jian from NCCI Youth Desk mentioned that if we want to contribute towards the wellbeing of people with disability, try to be a friend of at least one person having disability. When you treat them as friends, they feel happy and feel that you are equal to them.

Thank you friends of Caring and Sharing for your loyalty over the years and for allowing us to help very needy and underprivileged ones which is ultimately making a difference in their lives and thought processes.

*Mrs. Aradhana Upadhyay, Director*  
[www.cnissi.org](http://www.cnissi.org)

## **EBENEZER HOME OF SOCIAL OUTREACHES (EHSO), INDIA CHILD DAY CARE CENTRE (CDCC)**

### **A graduate from the Child Day Care Centre**



This student is now 13 years old and studying 8<sup>th</sup> standard in the Government School of Kollapanchery. As a young child she spent two years in the CDCC at Ebenezer Home Kollapanchery where she enjoyed learning the alphabet, rhymes, numbers, stories and songs. The CDCC is a safe place where children are given holistic care, taught basic discipline and morals, nourished physically with nutritious food as well as spiritually with singing songs and hearing Bible stories. Now that she has left the CDCC and is studying in high school she is still in touch with EHSO through EHSO's Child Care Centre (ECCC) Kollapanchery where she receives further education. Her father is jobless and her mother is a tailor working for daily wages at a cloth company. She has one younger brother and her family is very poor with no support from any of their relatives. Her parents are very grateful for the help they receive from EHSO by means of education in the ECCC and the monthly provision of note books and snacks etc.

This year, new stringent National and Local Government controls on Children's services for orphaned and impoverished children have now made it impossible for EHSO to run an independent Orphanage, so reluctantly we have closed the Ebenezer Children's Home and transferred our children to existing or newly established Child Care Centres in the villages they came from, and if no parent, finding a relative or guardian or foster family. This does not affect the Child Day Care Centre which continues to operate as before

As you can see, the money you kindly donate towards the running costs of the Child Day Care Centre gives children like the above student a great start in life and the opportunity to step out of a life of poverty.

*Martin Edwards*



## EUROPEAN PROJECTS

### CHERNOBYL CHILDREN RYE. BELARUS

Thirty years have passed since the Chernobyl disaster, but tears have not dried yet on the territory of Belarus. Children are still ill and dying. The Pinsk children's hospice has been functioning for ten years now.

On 21 September 2016, on the feast of the Nativity of the Virgin Mary, an autumn fair was held at the Pinsk Kindergarten No.19, with the stated aim of encouraging children to do good deeds to help their sick peers and to contribute to the development of the moral upbringing of young Belarusians, kindness and compassion. We prepared for this enterprise well ahead by rehearsing songs, poetry readings and Belarusian native games. The parents of the children all took an active part. After all, it is in the family that a child learns interaction based on love, care for others and compassion. Naturally, no autumn fair is complete without nature's seasonal gifts. Every family prepared treats for the visitors: cakes of all kinds, biscuits, fancy delicacies and pies. There were piles of apples, pears and vegetables. The older children organized thematic exhibitions showing national musical instruments, pottery and dolls in ethnic costumes.



The atmosphere at the fair was remarkable for its warmth and good will. Everyone joined in the singing and dancing: the traditional figures of Lyavron and his helpmeet Lyavronikha arrived with sacks of surprises for the children. Competitions

and games went with a swing. Then the sale of numerous goods began, with nobody leaving empty-handed. All the funds raised went to charity. Good deeds are not too hard to organize, allowing children to understand that everything that is good can be real, direct and straight from the heart.

*Tatyana Plotnitskaja*

<http://www.bogodelo.by/detskij-khospis.html>

## FUNDATIA NEW LIFE, ROMANIA

Since April, the residents of Amara House have been working hard setting up the greenhouse. It looks like it was a smart move. First of all, it kept the boys busy throughout all the summer. Also, it has made them feel useful. Not to mention the joy they all had as we picked all the vegetables we have grown.



In Romania winters are very harsh, therefore the Romanian people try to preserve as many vegetables as possible. And this is exactly what we do at the house every year. And this year, we have been more than fortunate when a

local farmer donated us over 300 kg of fresh tomatoes and red peppers to preserve. Of course, it was a lot of work but everybody was happy to help with the process. At the end we were extremely happy to see our storage room filled with tomato jars. It should last us until spring, next year.

During my visits to the UK, I am often asked what Romanians are doing to help themselves! Slowly, the Romanians are opening their hearts to the people in need. I am proud to say that at present, more than 50% of the needed funds come from Romania.



But, expenses continue to rise in an alarming way – food, heating, medical, etc. As long as the funds continue to come in, the charity will survive and we will continue to offer a warm and caring home to the boys.

Thank you very much for all your support.

*Marius Istrate*

<http://www.fundatianewlife.com/>

## Caring and Sharing East Sussex Website

<http://www.caringandsharingeastsussex.org.uk/>

A number of churches with Caring and Sharing groups have their church websites listed on our Contacts page. If you would like your church website to be added to or deleted from our website, please contact the Projects Officer. You may also like to add our website as a link on your church's website.

### MEMBERS OF THE CURRENT MANAGEMENT COMMITTEE

**The Revd. Canon Hugh Moseley**, Chairman 01273 813260  
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[annabelle.moseley@btinternet.com](mailto:annabelle.moseley@btinternet.com)

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**Treasurer** – Vacancy

**Mr Michael Jones**, Gift Aid 01323 472777  
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[russell@windchange.myzen.co.uk](mailto:russell@windchange.myzen.co.uk)

## CARING AND SHARING EUCHARISTS 2017

**Monday 8th May** 7 pm (NB) at All Saints Church, Rectory Lane, Iden  
TN31 7XD near Rye  
Speaker from CNISSI, Nagpur.  
*Refreshments afterwards.*

**Saturday 7th October** 11 am at Holy Cross Church, Uckfield TN22 1BP  
Speaker: Martin Edwards will talk about EHSO and the  
Children's Day Care Centre.  
*Bring a packed lunch. Drinks provided.*

## CONCERT

Come and enjoy an evening of light music with the **Sussex Police Choir**  
Saturday May 13<sup>th</sup> 2017 at 7.30pm Holy Cross Church, Uckfield TN22 1BP  
*Retiring Collection for Caring and Sharing East Sussex.*

## LENT LUNCHES

Please can supporters groups consider organising a Lunch in Lent,  
or some other time, with proceeds to Caring & Sharing?

## GIFT AID

Hello – I'm Michael Jones and I am a retired surveyor and project manager. I have recently joined Caring & Sharing as Gift Aid Officer. My responsibility is to collate all the Gift Aid donations and subsequently claim back the relevant amounts from HMRC, thus providing much needed additional funds.

**For the period 2012 to 2015, we were able to reclaim £11,639**, which I'm sure you will agree is a very welcome sum.

### Can you Gift Aid your donations?

To enable us to reclaim the tax on your donations, you must be paying UK Income Tax and/or Capital Gains Tax in the appropriate tax year (6 April to 5 April). Gift Aid is claimed at 25p for every £1 of your donation. If you are a higher rate tax payer, we can only claim back tax at the basic rate – but you can claim back the difference in your tax return.

### PLEASE DONATE WITH GIFT AID

Gift Aid is very simple for you – just ask your group representative for a Gift Aid Declaration, fill it out and give it to us through your group representative. We will do all the paperwork to reclaim the Tax from HMRC.

If your situation changes and you no longer pay UK Income or Capital Gains Tax, please let us know and we will cease claiming on your donations.

If you are unsure or require further information about Gift Aid please refer to the website:  
<https://www.gov.uk/donating-to-charity/gift-aid>

THE CARING AND SHARING ASSOCIATION EAST SUSSEX

Registered Charity No 1022122

Patron: The Rt Rev Nicholas Reade