



CARING AND SHARING (EAST SUSSEX) NEWSLETTER 2018

‘Live more simply that others may simply live’



My Father's House, Olinda, Brazil

This newsletter is free.
Please take it home and
read about our projects.

www.caringandsharingeastsussex.org.uk

CHAIRMAN'S LETTER

I rarely travel by train. But when I did, a cry was heard regularly on the platform, "Mind the gap". That warning is still heard today but not always relating to safe boarding of railway carriages but to the disparity in the world between rich and poor. We are informed by various authoritative organisations that the gap is widening with huge accumulations of wealth by a minority and grinding poverty for many. If there is a truth in this in our own country, the discrepancy elsewhere is like a yawning abyss. The original idea of Caring and Sharing was to narrow the gap, not by waiting for billionaires to disburse their assets, but by people on modest incomes contributing small but regular donations to one of the projects currently being supported. Without eating into existing charitable giving, each donor is encouraged to relinquish a modest treat and allocate that saving to the Caring and Sharing funds. Over 35 years it has been our boast that every penny donated is sent on to one of the Caring and Sharing projects chosen by the donors. In this way, through small savings, we have topped £3 million.

Last year we heard about the difference our contributions made to work in India. Aradhana Upadhyay, the Director of the Church of North India Social Service Institute, based in Nagpur, spoke, at the May Eucharist in Iden near Rye, of her support for women to be educated, to have skills for employment and to grow in self-confidence. In October at Uckfield Martin Edwards, representing Ebenezer Children's Day Care Centre around Chennai in South India, informed us of their vital role in enabling parents to leave their children in safety while they worked. One third of India's population of 1.2 billion exists below the poverty line, suffering illiteracy, inadequate social services and health care. Of course, our monetary contributions are but a drop in the ocean, yet for some in North and South India the difference can be life-changing. Across the continents we can give the needy a sense of hope, show God's love in a practical way and sustain them in prayer. This year we plan to hold one Eucharist and one tea party, to both of which speakers from two of our projects will be invited.

My thanks to all of you who regularly or occasionally support Caring and Sharing. 35 years on and £3 million raised is a tribute to your faithfulness and generosity.

Hugh Moseley

How long will the world's poor depend on food relief in the wake of the 21st century technological breakthroughs?

With the level of technology and capabilities in the world today, one could assume that solving world hunger should be easy. Unfortunately it is not a technical issue as much as it is a political and economic issue. Hunger is core at undermining the health and productivity of individuals; it also obstructs social and economic development at large.

While the affluent in both developed and developing countries enjoy lifestyles characterized by a host of energy and resource – consuming comforts and privileges, a significant proportion of the world's poorest people live in severe deprivation, characterized by malnutrition, vulnerability to infectious diseases, lack of education to enhance upward mobility, lack of shelter, and a lack of access to resources that would allow them a way out of poverty.

Despite all our technological breakthroughs, we still live in a world where a fifth of the developing world's population (with a predominantly female face) goes hungry every night, a quarter lacks access to even a basic necessity like safe drinking water, and a third lives in a state of abject despair – at such a margin of human existence that words simply just fail to describe.



Arid and infertile lands of northern Ghana; a product of desertification

Although governments in developing countries have an obligation to ensure that all their citizenry have access to adequate food and other basic necessities of life, their efforts have often been negated by human and natural disasters, including armed conflict, corruption, poor governance systems, and climate change amongst others. To help eliminate world hunger, world leaders, NGOs, relief organisations and other important actors of the global food aid

system must tackle the root causes of hunger and poverty. They should undertake far-reaching reforms of the unjust globalized system of agricultural production and trade. Further, governments in poor countries should invest in agricultural and rural development while facilitating access to land. They must also deal with global warming which is causing an increasing amount of weather disasters and hunger crises. Ultimately, leaders must be held accountable for their promises to reduce hunger.

Fr Edwin Abanga, Ghana

The Caring and Sharing Committee

Janet Waddams who served on the committee for 30 years, latterly as the Sussex Eastern area coordinator, has retired. We offer her our thanks for her enthusiasm and efficiency in sustaining the work of our charity.

Holly Stevenson has succeeded **Richard Hughes** as our Treasurer, so we welcome Holly as we offer Richard our gratitude for his five year tenure of the post.

We appreciate the contributions made by **Jonathan Franklin**, the independent examiner of our annual accounts and by **Jeremy Cuthbert** who manages the Caring and Sharing website.

As Chairman, my thanks go to all members of our committee for their tireless endeavour to maintain the viability of our charity.

Hugh Moseley

FINANCIAL INFORMATION

Our financial year is 1 June – 31 May each year and these figures are those examined and duly submitted to the Charity Commission for each accounting period.

Totals sent to projects

Page	Project	2015/16	2016/17
5	Steve Willis Memorial Fund	£7,300	£14,200
6	Clergy Pensions, Rwanda	£2,750	£2,845
7	School for the Deaf, Tanzania	£3,800	£2,790
8	Bolgatanga, Ghana	£4,000	£1,600
9	Fistula Hospital, Ethiopia	£5,175	£4,265
10	My Father's House, Olinda, Brazil	£2,900	£3,760
–	Casa Guatemala orphanage and village	£550	£660
11	Children's nurseries, Lima, Peru	£6,275	£7,325
12	Street Educators, Medellín, Colombia	£8,900	£8,310
13	Feeding Programme, Honduras	£3,700	£4,050
14	Little Flower Leprosy Centre, Raxaul, India	£3,900	£5,700
15	Social Services Institute, CNI, Nagpur, India	£2,800	£5,350
16	Ebenezer Day Care Centre, Chennai, India	£2,300	£3,000
17	Chernobyl Children Rye / Chernobyl Children's Lifeline	£4,400	£6,450
18	Fundatia New Life, Romania	£8,850	£6,220
	TOTALS	£67,600	£76,525

AFRICAN PROJECTS

THE STEVE WILLIS MEMORIAL FUND, UGANDA

In July this year, we had the great pleasure to be present at the official opening of the borehole serving the Gwara Primary School and local community in the Kiryandongo district of Uganda. We first visited the Water Trust Office to meet the staff and discuss the current projects. We were then taken the half hour drive to the site and were warmly welcomed by the villagers and the Water Committee who were responsible for the future management of the borehole. The Chairman gave a sincere speech of gratitude, stressing that there was no other fresh water supply in the area and expressed heartfelt thanks and appreciation for the construction.



Ann tries the pump

After testing the pump we moved to the school where we experienced an even bigger, unexpected, but enthusiastic, welcome and appreciation. The school had assembled outside under the shade of trees and proceeded to entertain us with songs, poems and more speeches by the various classes, head boy, committee members and the Head Teacher. This, of

course, necessitated replies from the Water Trust and Steve's widow, our daughter, Debbie. We were then treated to an African lunch before we left.

All the planning and hard work they had undertaken to welcome us was most moving and impressed on us how necessary the Caring and Sharing funding and support were to these areas. Their thanks would be extended to all who support the Steve Willis Memorial Fund which has now funded 21 boreholes, for this life-saving work.

Ann and Malcolm Bates

watertrust.org

redchillihideaway.com/steve-willis-memorial-fund/

PENSIONS FOR CLERGY, RWANDA

The Pensioners met again late last year; they were so thankful to God and the supporters for remembering them. Here follow some of the stories from the Shyogwe Diocese Pensioners.

Widow Evelyn, 75 years old, gave thanks for recovering from a motorbike accident (pillion passenger). She has problems with her home electricity supply, the recent one being the theft of the main cable.

Pastor Assiel needs eye surgery, but it is too expensive. His leg was operated on because of a circulatory problem, but he is still in pain. Neighbours feed him when sick and a granddaughter stays with him.

Pastor Origenes is 89; his challenge is finding food in short supply. He has high blood pressure, poor sight and deafness. He is so thankful for the visit as it makes him stronger.

Widow Esperance's latest challenge is that her granddaughter and husband suddenly disappeared leaving in her care four great-grandchildren, the youngest 8 months old; she requests prayers.

Pastor Assa has backache, deafness, muscular and joint problems in fingers and stomach aches; if he had funds he would get a full check-up from a clinic. His wife has diabetes. He thanks God so much for the help and support.

Agnes, 15 years a widow, has the challenge of being alone at home with difficulty collecting water. She is thankful to God for the recent marriages of a daughter and granddaughter.



Shyogwe Pensioners Meeting

Pastors, widows and staff

SCHOOL FOR THE DEAF, DAR ES SALAAM, TANZANIA

The year has seen a lot of changes at Buguruni School for the Deaf ("Buguruni") and also at Tanzanear. The school has benefitted from a major refurbishment of all washroom and toilet facilities including a state of the art water treatment facility. We are working with a maintenance company to deal with essential repairs and we're teaching everyone to be more responsible for the school. The Child Sponsorship Scheme and the Buguruni Breakfast Club are flourishing, although the list of children needing sponsors continues to grow. As always, we work closely with our partners Tanzania Society for the Deaf and UMOVITA and are grateful for their help and support.



Our specific 2018 Appeal is for the continuation of the much loved Buguruni Breakfast Club. This is at the special request of the children, their parents and teachers. Little did we know that the Breakfast Club would be so popular and so necessary for the wellbeing of the children at Buguruni. The children, who rise at 5am each morning, queue enthusiastically for their porridge, eggs or fruit, which give them all the nutrients they need for their school day and at weekends when they can relax.

A donation of £20 or 60,000 Tanzanian Shillings will provide the entire school with breakfast for one day.

Judith Roberts
www.tanzanear.org

BOLGATANGA, GHANA

Transforming lives through small grants

It has been solidarity with the world's poor that the Needy Scheme, with generous support from Caring and Sharing, have in the period under review (2017) applied its funding towards the procurement of food relief assistance; learning materials and fees for deprived school children; and other related needs for the poor. Particularly targeted in the year for support have been the marginalized in our society (including women and children who are the most vulnerable and deeply affected). We continue to assist poor and needy people in very critical situations overcome their economic and social predicaments. Simply, helping where the need has been most.



Some beneficiaries of the small ruminants' scheme tending their goats

For example, Ann is 40, widowed and a mother of five young children. Providing for her kids and seeing them through school had become extremely difficult for her since her husband's death four years earlier, she admitted. Two of her children had dropped out of school when I first met Ann in October

2016, and the other two were at this stage very close to abandoning their education. Thanks to the Needy Scheme, with support from Caring and Sharing, all five children are able to continue with their education and to have their dreams realised. Our assistance is all about increasing young peoples' life chances and opportunities through education.

Fr Edwin Abanga

HAMLIN FISTULA HOSPITAL, ADDIS ABABA, ETHIOPIA (HFE)

Rewriting women's stories

Hamlin strives to give every woman the dignity and fullness of life they deserve.

In some cases an operation to fix a fistula is very straightforward. In other cases, such as in the case of 34-year-old Beburuyosh, it can take a lot longer.

After suffering four days of obstructed labour during her first pregnancy, Beburuyosh suffered severe injuries. It was a condition she lived with for 18 years. 18 years of suffering.

When she came to the Addis Ababa Fistula Hospital, her injuries were so severe it took more than five operations to correct the damage to her bladder, but in addition to that she received counselling and skill training in farming.

This reflects Catherine Hamlin's model of care that we must treat the whole individual, not just the condition they suffer. During 2017 over 600 patients received education and skills training as part of Hamlin's reintegration program.



Desta Mender is a farm and training facility, next to a mountain on the outskirts of Addis Ababa and given to Hamlin Fistula Ethiopia by the Ethiopian government. It has market gardens, an orchard and dairy farm, as well as the Juniper Cafe, where residents learn the secrets of the hospitality trade.

For Beburuyosh, despite the long and arduous treatment, the result was more than worth it. After living isolated and embarrassed, she is now applying her training to her farm, and in turn teaching these techniques to other farmers in her village.

(Article from Catherine Hamlin Fistula Foundation)

SOUTH AMERICAN PROJECTS

MY FATHER'S HOUSE, OLINDA, BRAZIL

In October was the 18th birthday of our oldest boy here, and we ceased to be his guardians as he attained his legal independence! He has been with us for some time now and it will be hard to see him leave. He was been allowed to stay with us until the end of the year. He is gifted and has studied hard both at school and at MFH and as a result he has won a scholarship to study engineering at the federal university in Recife, where he will have a place in student accommodation, and an expenses allowance of 150 pounds per month. However he is still very young and has no family connections and will need our prayers during this important transition time.



On the other hand, our youngest member of MFH is eight years old. He is showing considerable insecurity and his future is uncertain. During September he and his older brother went to stay with a family who were offering to adopt. The first attempt lasted only one day before he insisted in returning to MFH. A second attempt lasted longer, but despite careful monitoring during the whole time, he displayed constant aggression to his proposed adoption parents. Finally at the end of the month he returned to MFH. His older brother, on the other hand, has settled in well with the same proposed parents and will shortly be released by the authorities to join his new family.

Living Waters church continues to work with children and their families. The Youth Transform project at church also continues to grow with activities each night of the week. While the Youth services once a month continue to attract large numbers. However modern day life and attractions continue to make regular attendance difficult.

Rev. Ian Meldrum

www.olindamission.no-ip.co.uk

NURSERIES OF CHRIST THE REDEEMER AND HOLY TRINITY, LIMA, PERU

Each year we start with many goals and challenges to meet in the comprehensive care we provide our children. In January and February we take the time to complete maintenance work, arranging bathrooms, painting classrooms and renovating furniture: tables, chairs and shelves if necessary.



In 2017 a total of 107 children between the ages of two and 11 years old began their education and started attending our schools; 71 at Holy Trinity and 36 at Christ the Redeemer.

We started classes on March 1st and during the month of March we have had the

consequences of the heavy rains in the north of our country. We were left without water for more than a week and for that reason the school classes were suspended. After 9 days the classes resumed. The support you give us helped us a lot in the development of our activities in the month of March, since even things in the market went up in price. We are prepared for these months that bring cold and rain, but we still need to do a lot of repairs to the roofs that are expensive. Please pray for us and if possible support us in repairing the roofs, so that the children can be warm and safe in our nurseries / schools.

We appreciate your faithful support for us and thanks for being part of a group that gives so much love and support for the vital work we do with children.

Isabel Montoya, Director

STREET EDUCATORS, MEDELLÍN, COLOMBIA

Fundación ¡Vivan Los Niños!

In July last year **Let The Children Live!** (“Funvini”) opened its own little school for boys and girls from the streets and shanty-towns of Medellín. For some time our educators had been very concerned about those young people who for one reason or another could not go to the state schools, where we send most of our children. Some of them, used to living in the street, cannot cope with the structure and discipline; others have to work in the street during school hours, and then there are teenage mums who have to look after their babies. Educationalists in the city encouraged our staff to do something for these children, so our staff developed an educational programme that will be validated by three of the state schools, and which will result in the young people obtaining their High School Certificates. The school is tailored to the pupils’ needs, so that no matter what their problems they can still have an education, which will give them the chance of a future.



I visited some of the classes when I was there in August and it was quite wonderful to see a 14-year-old mum studying for her School Certificate whilst her baby slept at her feet, and to talk to two boys whose home was the street, but who had seized the chance to study!

Pauline Allan

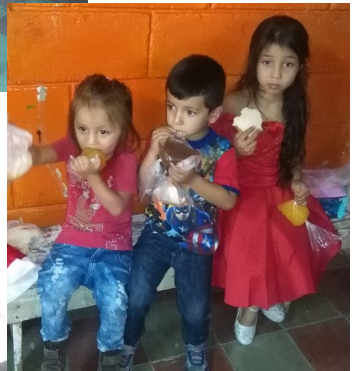
www.letthechildrenlive.org

FEEDING PROGRAMME, HONDURAS

The feeding scheme helps 250 children up to the age of 13 whose mothers work in the markets in the capital, Tegucigalpa. Once a week the children attend health and education workshops and the snack provided entirely by Caring and Sharing is a large incentive to their attendance.



Some photos from last Summer and Winter of children enjoying the snacks funded by Caring and Sharing



Dr. Donald Kaminsky, Alternativas y Oportunidades
ayohonduras.wordpress.com

ASIAN PROJECTS

LITTLE FLOWER LEPROSY VILLAGE, INDIA

From the son of beggars to the Secretary of the organisation

My name is Krishna Yadav. I was born in 1980 at Sunderpur. My mother and father were a highly-disabled leprosy-affected couple. My mother, who had no fingers, used to cook my food. I used to carry them on my back if they need to go out of home. I used to study and look after them both. My life was full of challenges.

Yet, I did not give up. I studied up to intermediate level and then left education to pursue a livelihood, as it was my responsibility to look after my parents. I first worked selling Khadi (hand-woven natural fibre) clothes initially in 2000. Later I worked in the hospital as a labourer, in the kitchen. Then I was transferred to the school. Later I become the assistant of Baba (Br Kristo Das), who gave me a more administrative role in Little Flower. He wanted me to take over the management of the organisation, and made me the chief of the core committee to manage Little Flower. Then I became the managing director. Finally, I am grateful that our members have expressed their confidence in my taking care of the organisation; accordingly, I become the Secretary of the Little Flower Leprosy Welfare Organisation, Sunderpur.



I hope I will get lots of support from organisations like Caring and Sharing to prove that I, a member of leprosy-affected family, can manage our organisation. I especially feel it a great challenge to find funds for medical and educational services, the basic life-changing elements for leprosy-affected people and their families.

I am now a happy married person. My wife is also from a leprosy-affected family. I have a son and daughter. My son is studying ten plus two (higher secondary) in Chennai and my daughter is studying in a mission school in Raxaul at class ten. I give thanks to my father, who acquired a piece of land which has become useful to support the education of my son.

CNI-SSI NAGPUR, INDIA

The women in the Indian society are mostly working throughout the day and are negligent about their health. This either results in anaemia or some chronic diseases.

To combat this an awareness program was organized by the Church of North India Social Service Institute at Pravesh Nagar slum. The objective was to share about how to take care of themselves after attaining the age of 35 years. Dr Siddharth Bhangе gave a talk on what precautions should be taken on preventing malnourishment, what are the healthy lifestyles, importance of nutritious food, how the food can be full of nutritional value at low cost. He explained the symptoms of diabetes, blood pressure, thyroid problems and anaemia.

Dr Bhangе explained that salt and oil should be consumed in very little quantities, and oil can be mixed up with different types of oil (eg rice bran and sunflower) for amazing results. Avoid using hydrogenated vegetable oil (dalda) completely. Make sure to add more vegetable food to your diet. Polished rice should be avoided, and half can be replaced with brown rice – types of rice that have manganese, magnesium, B complex vitamins and a wholesome lot of fibre contents, which keeps us away from colonic, breast, thyroid, liver and mouth cancers.



Dr Bhangе also mentioned that exercise, walking and sound sleep equally play important roles in keeping yourself healthy. Dr Bhangе in his talk also laid emphasis about the schemes of the government for people below the poverty line, and how they can benefit if they go to a charitable hospital. The women also raised queries pertaining to their health issues.

Mrs. Aradhana Upadhyay, Director
www.cnissi.org

EBENEZER HOME OF SOCIAL OUTREACHES (EHSO), INDIA

EHSO's Child Day Care Centres (CDCCs)

Short stories of Child Day Care Centre 'Graduates' who joined the first CDCC established in 2000 in partnership with Caring and Sharing.

B was just 3 years old when she attended the first ever Child Day Care Centre. B's parents are 'Dhobis' working all day in a laundry, not able to care for her until she joined the CDCC who gave her nourishing food, a basic education and the love of God. B is now 20 years old, in her final year of a B.Sc. Computer Science course in Mahalakshmi Women's college in Paruthipattu. She is happy and conveys her thanks to Caring and Sharing.



K, aged 19, also joined CDCC 17 years ago when she was alone on the streets without food while her parents worked in the local brick kilns. Then CDCC took care of her with good food a basic education and stories about Christ. K completed her schooling and is now happily married and thankful to God and Caring and Sharing.

N is also 19 and now working in a company. He was three when the first batch of 25 children joined the first CDCC. His parents worked all day in rice fields, so N was placed into the CDCC. He completed schooling and has grown into a handsome young man, supporting his family who are now too old to work. His ambition is to help the needy and be a blessing to others like him.



EUROPEAN PROJECTS

PINSK CHILDREN'S HOSPICE, BELARUS

Hello dear friends! Over the past few months the schedule for the nurses' visits to the children have been as usual. In November we sadly lost one child – Artem R. The psychologist Tatyana and I have been supporting and counselling Artem's mother. We are caring for 24 children living with their families at this present moment.

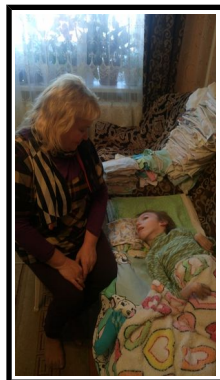
As the New Year approaches we have been collecting money from the local schools. The children there have been making crafts and collecting fruit to sell to raise money for gifts and nappies for the sick children. We will have somebody dress up as Father Frost and deliver the presents to each of the sick children. We have been doing this now for 14 years, thanks to the local volunteers.

Also, we have a warehouse which volunteers and sponsors have helped us create. Families who are under the care of the hospice can come and choose clothes for themselves and their children, personal hygiene products, and some medical care devices such as feeding probes and syringes for feeding.

We send our love and gratitude for your continued support for our children
God Bless you all.

*Father Sergie Plotnitsky
Pinsk Diocese, Belarus*

[www.bogodelo.by/detskij-khospis/
34-prezentatsiya-pinskogo-detskogo-khospisa.html](http://www.bogodelo.by/detskij-khospis/34-prezentatsiya-pinskogo-detskogo-khospisa.html)



Artem with the nurse sponsored by Caring and Sharing

With the retirement of the founder, Janet Waddams, Chernobyl Children Rye has now closed. Caring and Sharing's continued support for the Pinsk Children's Hospice is now via the Chernobyl Children's Lifeline: Ashford, Romney Marsh and Rye Link.

cclink.wixsite.com/cclashford/pinsk-children-s-hospice

FUNDATIA NEW LIFE, ROMANIA



Dear supporters of Fundatia,

I wish to thank you all for your great support in the year that has just ended (2017). It has been a great year, with many blessings and we give praise to God for that.

The boys are all doing well. They are all in good health and they enjoy life at the house. With your support, we have been able to purchase some things that will help us to improve the quality of care.

As you know, one of our residents, Emil, must use a wheelchair. Therefore, it is always difficult to get him around. The house was not specially designed for wheelchair use, and even the minibus didn't have a ramp. Slowly, we are trying to change things and the first thing that we were able to do with your support was to buy a folding ramp that makes access easy for Emil in the back of the minibus.



For 2018, we are planning some changes of the house (replacing a few doors and indoor ramps) to allow wheelchair use. Also, we are thinking of a wet room for Emil!

We wish you all a happy and prosperous 2018 and I do hope to see you again in May!

Marius Istrate

Caring and Sharing East Sussex Website

<http://www.caringandsharingeastsussex.org.uk/>

A number of churches with Caring and Sharing groups have their church websites listed on our Contacts page. If you would like your church website to be added to or deleted from our website, please contact the Projects Officer. You may also like to add our website as a link on your church's website.

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CARING AND SHARING EUCHARIST 2018

Saturday 6th October 11am at St Saviour's, Spencer Road, Eastbourne BN21 4LR, with speaker **Laurence Parkes** from **Hamlin Fistula UK**. *Bring packed lunch. Drinks provided. Parking available at the Church.*

AFTERNOON TEA with **Marius Istrate** from **Amara House, Romania**.

Wednesday 23 May 2.30pm-4pm at St Michael and All Angels Church, Willingdon Rd, Eastbourne BN21 1TN *The entrance to the church car park is opposite the Hurst Arms pub and the junction with Mill Road.*

CONCERT

Come and enjoy an evening of light music with the **Sussex Police Choir**.

Saturday 12th May at 7.30pm Holy Cross Church, Uckfield TN22 1BP
Retiring Collection for Caring and Sharing East Sussex.

LENT LUNCHES

Please can supporters' groups consider organising a Lunch in Lent, or some other time, with proceeds to Caring and Sharing?

Will you leave a legacy to Caring and Sharing?

Our funds come from regular giving, one-off concerts, funeral collections and occasional donations. Would you prayerfully consider leaving a bequest to our Charity? If so, please remember that our charitable name is

'Caring and Sharing (East Sussex)'.



The Caring and Sharing Prayer

Generous Lord, who shared your life with us in your Son Jesus, give us not only eyes to see the suffering of humankind but also hearts moved to pity and minds inspired to act; that together, through prayerful Caring and Sharing we may help to relieve poverty, heal the sick, protect the vulnerable, and teach the young, by your grace and for your glory.

Amen.

THE CARING AND SHARING ASSOCIATION EAST SUSSEX

Registered Charity No 1022122

Patron: The Rt Rev Nicholas Reade

(website edition)