



CARING AND SHARING (EAST SUSSEX) NEWSLETTER 2024

‘Live more simply that others may simply live’

**This newsletter is free.
Please take it home and
read about our projects.**

**The Women Empowerment program of the
Church of North India Social Services Institute
supports fundamental human rights.**



CHAIRMAN'S LETTER

Plus ça change, plus c'est la même chose.

Caring and Sharing can prove this not to be so! Reports from the projects we support tell of clean water from wells, food distributed to the poor, education provided for impoverished children, medical care for babies of young mothers, youngsters protected from crime, surgery available to restore health, money offered to ward off starvation.

Essentially, we give hope and practical help to those across our world in the greatest need. Please read the articles in this Newsletter and respond in whatever way you can. Thank you.

Hugh Moseley

Our **Annual Eucharist** is at **St Mary's Parish Church, Ringmer** BN8 5PZ on
Saturday 20th July 2024 at 11.00am.

Celebrant: Bishop Nicholas Reade.

Speaker: Pauline Allan from Let the Children Live

Please bring a packed lunch. Drinks will be provided.

**See details of our supported projects
and previous annual newsletters at our website:**

www.caringandsharingeastsussex.org.uk

For the latest information on our groups & projects, phone:

Julia Maling 01424 844960

**See inside for
recent news from
the projects we support**



Steve Willis Memorial Fund, Uganda



This year The Water Trust set out to construct its first piped water scheme. Powered by solar energy, motorized water means that children and their families can enjoy clean water with the turn of a tap. The Water Trust targeted a location with two primary schools, Nyakabale Primary school and Kibibira Primary School, with more than 2,000 students without the facilities to wash their hands.

Yet early 2023 the project was in danger before it even began, as there was no local source with enough water to supply the scheme.

The Steve Willis Memorial Fund agreed to donate the funds needed to cover the extra costs to upgrade the well, as well as cover part of the costs of the pipes to distribute the water from the reservoir tanks to the nearby schools and three community access points.

redchillhideaway.com/steve-willis-memorial-fund/

Pensions for Clergy, Rwanda

Rev. past Leonard: 'I am 80 years old, I worked in many parishes including Hanika, Murehe, Nyagisozi, and Nyarugenge whereafter I went in retirement in 2005, amoeba, and other diseases attacked me, I had serious illness, half-dying several times, but Jesus intervened for healing and I got a promise to live more 2 years for addition. In a surgery, many intestinal worms were removed from my entrails, and I am no longer suffering from such worms. I thank our Bishop who gave me money for medical purposes. I am fine now, I work as tailor.



Pensioners from Shyogwe Diocese

School for the Deaf, Dar es Salaam, Tanzania

The Ufundi (craftsmanship) class at Buguruni is a registered VETA course (Tailoring & Cooking).

Students (from anywhere) who fail Standard VII, apply to join class and pay TSh 50,000; students cannot board but they get free food. At present, Tanzanear is contributing to travel expenses for the volunteer who is teaching tailoring. Mr Zuberi is doing an amazing job and the standard of tailoring has improved hugely! He is not just teaching them how to sew but how to make patterns etc.

Judith Roberts, Tanzanear

Bolgatanga, Ghana

The mosquito nets sponsorship from Caring and Sharing over the years continue to contribute in the elimination of the incidence of malaria, improved health, very significant reductions in lost man-hours, thereby freeing farmers, women and other groups to go about their activities without hindrance or the prospect of losing out of work due to malaria. Local health officials contacted estimate that the incidence of malaria in some beneficiary communities have gone down by as much as 80%. It is now believed that those who contract malaria are likely to have done so through bites at farms, markets and workplaces rather than through the home where the nets are in use.

Fr Edwin Abanga

Hamlin Fistula Hospital, Addis Ababa, Ethiopia

Hamlin Fistula UK works to prevent avoidable childbirth injuries in Ethiopia and provide treatment and care for affected women. Tragically, most obstetric fistula survivors give birth to a stillborn baby, often after a long, agonising obstructed labour that leaves them with incontinence and severe pain. Sufferers can be subject to social stigma and cast out from their communities. Thanks to the generosity of our supporters over the past year we have been able to provide life-changing health services to women across Ethiopia, including 3,580 surgeries for childbirth injuries. "Now I am leading a happy life free from suffering. I've started living like a woman again." Ayinalem, patient.

www.hamlinfistulauk.org

Church of Uganda Kisiizi Hospital

Mental Health Gap Action Programme: This 65 year old faith-based hospital has provided mental health services in the region for many years. One major barrier to seeking care was the perception of the condition by the community. The MhGAP's major objective was to improve community awareness by educating non-medical community leaders about mental health. The programme addressed issues like; stigma and discrimination, religious beliefs and myths, early signs and symptoms of illness, and first help and referral modalities. Trainees included: police-officers, socio-workers, political-leaders, teachers and priests.

Results:

- 150 people have been trained during the three years.
- Increase in the number of referrals from the community.
- Better compliance to treatment.

My Father's House, Olinda, Brazil

We planned to begin computer courses for beginners. We have managed to complete the installations and our first courses are well underway. We are able to have ten students at each session, which last for an hour each. The groups are fully booked, and we have sessions for children, teenagers and for our mums.

If you get a chance to see the film *The sound of freedom* do go and see it. It paints a very real picture of one of the dangers our children here face.

Rev. Ian Meldrum



Nurseries of Christ the Redeemer and Holy Trinity, Lima, Peru

Isabel Montoya and her husband Pastor Anderson Sanchez travelled with their family to Ireland last year, where they spoke to church congregations who have supported their work, and to school and community groups.



Isabel in particular remains a most enthusiastic school educator. Recent developments in the nurseries have included welcoming children with various special educational needs. It has been a great source of joy to see these children flourish in the environment of love and care. Please continue to pray for the schools and the church in these times of social unrest in Peru.

Let the Children Live, Medellín, Colombia

Young girls who are making good mothers with the aid of our staff and twice-weekly visits to Casa Walsingham where they can socialise with the other young mothers whilst their babies and toddlers play with toys they would never have at home in the shanty-towns. Most important of all, the charity gives



them the support they need to be able to stay at school. The mothers also receive guidance on baby care and extra food supplements for the toddlers. Their babies were beautiful—a joy to see. We also saw these young mothers visiting a doctor with their babies, for free. How was this? Well, Dr Dávila was a former pupil at Casa Walsingham whom the charity supported during his medical studies. Now a fully fledged doctor, he gives time every week to see our young mothers.

www.letthechildrenlive.org

Pauline Allan

Feeding Programme, Honduras

The feeding scheme helps 250 children whose mothers work in the markets in the capital, Tegucigalpa. Once a week the children attend health and education workshops and the snack provided entirely by Caring and Sharing is a large incentive to their attendance.



Donald C. Kaminsky, "Alternatives and Opportunities"

CNI-SSI Nagpur, India

Stand By Me

CNISSI's intervention with women is closely aligned with a fundamental human right that's also key to achieving a more just and peaceful world. The Women Empowerment is a program of CNISSI that enables women to have control over their lives, make choices and decisions, and have equal access to resources and opportunities. It involves creating an environment where their voices are heard and their rights are protected. Women's empowerment aims to create a world where women have the power and freedom to live their lives, without discrimination or limitations based on gender.

(See photograph on the front page.)

Mrs. Aradhana Upadhyay

www.facebook.com/cnissinagpur/

Ebenezer Home of Social Outreaches, India



Sai attends Nungambakkam's CDCC (Child Day Care Centre). Sai's parents are daily wages labourers, and unable to care for Sai while at work. EHSO also provide Sai's family with food supplies and financial support. Sai is very happy to be studying in EHSO's CDCC. They thank you for your support.

Srinithi attends Kollapanchery's CDCC. Her parents are daily labourers too. Every day her mother takes Srinithi to the CDCC, where she loves to play with her friends, learn alphabets and numbers. Srinithi's parents are thankful for the monthly food and financial support.

Martin Edwards



Fundatia New Life, Romania

I come to you with sad news! This summer we've lost Fanel! God decided to take him to a better place! In 2004, less than a year since the opening of The Amara House, I received a call from a doctor at the hospital in Slobozia, asking if there is any chance to get a new boy at the house, just for a few weeks as he was so ill that he would die very soon. That boy was Fanel.

It was the moment when Fundatia decided to offer to Fanel comfort and love for the last few weeks of his life! At least that's what we thought at that moment! But God had a different plan! God was planning to offer Fanel a new life, for many years to come.



As soon as he got to the house, with love and care from the staff, with proper medication and very strict diet, Fanel came back to life. The Amara House became his home that he loved so much.

Besides sewing, there was another thing that Fanel loved the most: to organise different activities with the local children or with the other boys at the house. And he was very good at it.

During all his time at the house, there was a thing about Fanel that amazed all of us: even though he had speaking problems, he was able to communicate in his own way and obtain what he needed or wanted. He has never been able to read but he was the best organizer, ever.

Marius Istrate, Project manager

FINANCIAL INFORMATION

Totals sent to projects

Our financial year is 1 June – 31 May each year and these figures are those examined and duly submitted to the Charity Commission for each accounting period.

Project	2022/23
Steve Willis Memorial Fund, Uganda	£6,795
School for the Deaf, Tanzania	£1,710
Clergy Pensions, Rwanda	£4,560
Bolgatanga, Ghana	£2,635
Fistula Hospital, Ethiopia	£3,175
Kisiizi Hospital, Uganda	£1,890
My Father's House, Olinda, Brazil	£1,950
Children's nurseries, Lima, Peru	£4,770
Let the Children Live, Medellín, Colombia	£6,120
Feeding Programme, Honduras	£3,715
Social Services Institute, CNI, Nagpur, India	£3,605
Ebenezer Day Care Centre, Chennai, India	£2,760
Chernobyl Children's Lifeline	£2,250
Fundatia New Life, Romania	£3,170
TOTALS	£49,105

HOW YOU CAN HELP

The original idea of Caring and Sharing was to "live more simply that others may simply live" by helping some of the poorest of the poor in our world. Various projects were carefully chosen and managed, to be funded in part by modest but regular donations by Church members in East Sussex.

- You can donate by credit or debit Card through **Just Giving** (from our website www.caringandsharingeastsussex.org.uk).
- By **bank transfer** to Barclays, sort code 20 27 91, A/C Number 40638293. Please specify which project you wish to help in the reference.
- By **cheques** made payable to Caring and Sharing East Sussex – please specify which project you wish to help – and send to The Treasurer, Flat 6, The Normans, Normandale, Bexhill, TN39 3NU
- We also accept CAF cheques.

Online payments to sales sites benefit us via Give As You Live – www.giveasyoulive.com.

Please contact the Treasurer at [<flufflyholly@outlook.com>](mailto:flufflyholly@outlook.com) about:

- **Standing Orders**
- **Gift Aid**
- **Legacies**

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