



**CARING
AND
SHARING
(EAST SUSSEX)
NEWSLETTER
2020**

‘Live more simply that others may simply live’



Ballet at Christ the Redeemer nursery, Lima, Peru

This newsletter is free.
Please take it home and
read about our projects.

www.caringandsharingeastsussex.org.uk

CHAIRMAN'S LETTER

Many thanks to all our contributors, whether regular or occasional. The money raised by your generous donations is a life-line to the 14 projects we currently support. We hear from these project managers just what a difference these sums make to sustain their work.

The committee meets quarterly to manage our Charity, each of its members having a distinctive role to play in the good administration of the Scheme. We are totally reliant on the Projects Officer Julia Maling, and our Treasurer, Holly Stevenson, to transmit news and to keep our accounts.

In a society that makes many demands on charitable giving, we are committed to keeping alive Caring and Sharing as we enter our 38th year.

Hugh Moseley

DIFFERENT GIVING

Caring and Sharing East Sussex was set up as a charity about thirty-eight years ago. It supports 14 fairly small projects in South America, Africa, India and Belarus and Romania (projects which do not receive a lot of help from elsewhere).

The principle of giving to the projects is: *"Live more simply that others may simply live"*. This means that a donor is asked to give a small amount of money by cutting down on what is spent each week on oneself. In 2018/19 a total of £60,727 was raised for the projects but, sadly, the yearly sum was once much more and has been decreasing over recent years.

The method of giving is that there are small groups all over East Sussex (and some elsewhere) and each group collects money and chooses which project to support. Many of the groups are from churches but not all. The group has a representative who sends the money to one of four members of the Management Committee (on a regional basis) who sends it on to the Treasurer with a clear account of which project is to be supported.

Giving is difficult sometimes when there are so many worthwhile charities asking for support but donors are, perhaps, more ready to give if the process of giving is made easier. We have noticed that more people nowadays prefer to give regularly by Standing Order or Direct Debit or perhaps transfer larger sums now and again direct from bank to bank. A donor giving in this way will not need to be part of a local group but could be. It is vital that the Treasurer knows which project the donation is intended to reach.

If you would like to find out more about trouble-free giving or about the projects do ask one of the Committee members.

SO why would anyone choose to contribute to Caring and Sharing?

1. Because it supports needy people in countries less prosperous than our own.
2. Because all the money you give goes to the project. Any administration costs are paid out of a separate fund.
3. Because our Management Committee checks up on what is actually going on in the projects.
4. Because you can give as little as you like and each very small amount counts.

Angela Hawksley

FINANCIAL INFORMATION – Totals sent to projects

Our financial year is 1 June – 31 May each year and these figures are those examined and duly submitted to the Charity Commission for each accounting period.

Page	Project	2017/18	2018/19
4	Steve Willis Memorial Fund, Uganda	£8,453	£7,220
5	School for the Deaf, Tanzania	£2,056	£2,490
6	Clergy Pensions, Rwanda	£2,920	£3,020
8	Bolgatanga, Ghana	£2,830	£1,965
9	Fistula Hospital, Ethiopia	£5,682	£4,010
10	Kisiizi Hospital, Uganda	<i>(from Battle parish)</i>	£1,925
11	My Father's House, Olinda, Brazil	£4,711	£4,525
12	Children's nurseries, Lima, Peru	£6,329	£5,850
13	Street Educators, Medellin, Colombia	£6,593	£7,125
14	Feeding Programme, Honduras	£3,160	£3,387
—	Little Flower Leprosy Centre, Raxaul, India	£3,582	£3,680
15	Social Services Institute, CNI, Nagpur, India	£3,165	£3,650
16	Ebenezer Day Care Centre, Chennai, India	£3,053	£2,850
17	Chernobyl Children, Belarus	£3,810	£3,470
18	Fundatia New Life, Romania	£6,913	£5,560
	TOTALS	£63,257	£60,727

AFRICAN PROJECTS

THE STEVE WILLIS MEMORIAL FUND, UGANDA

This year the Steve Willis Memorial Fund, through the Water Trust, has been able to fund the rehabilitation of 4 boreholes. Three are in schools (Diima Primary with 899 children and about 150 community members, Ogengo Primary with 860 children and about 390 community members and Mutanda secondary with 168 children plus community members) and one in Lavorongur B village where the well supplies clean water to about 390 people who were displaced by the Lord's Resistance Army's (LRA) atrocities.



The Lavorongur B well

This brings the total number of boreholes constructed or rehabilitated with the support of the fund to 28 and, having visited several of the sites whilst staying with our daughter, the users are overwhelmingly grateful for your generous giving. The quality of life is improved beyond measure as, not only are boreholes constructed, but sanitation programmes are introduced and pit latrines supplied to improve the general hygiene of the area, leading to the reduction of tropical diseases and indirectly saving thousands of lives. The clean water replaces the atrocious water sources they used previously and even that often necessitated long walks to collect it.



Our daughter, Debbie (who inaugurated the fund after Steve, her husband, was killed by the LRA in 2005) was presented with a Humanitarian Award by the Water Trust in October. This was in recognition for the raising of more than £100K over the years, the majority of which has been donated by Caring and Sharing, and she thanked all the supporters at the award ceremony. Once again, thank you, on

behalf of many thousands of people who you have helped in Uganda.

Ann and Malcolm Bates

redchillhideaway.com/steve-willis-memorial-fund/
watertrust.org/projects/diima-primary-school-borehole/
watertrust.org/projects/ogengo-primary-school-well/
watertrust.org/projects/mutanda-secondary-school-well/
watertrust.org/projects/lavorongur-b-village-well/

SCHOOL FOR THE DEAF, DAR ES SALAAM, TANZANIA

2019 has been another busy year for Tanzanear as we try to improve the facilities and contribute to the needs of the children at Buguruni School for the Deaf.

We were delighted to hear that a new Head Teacher was appointed in August 2019, Mr Yahaya Maftah. Mr Maftah has been at the school for a long time and is very keen to work closely with Tanzanear for the benefit of the pupils and staff. In July, we were thrilled that 2 audiologists visited the school— Corinne Bailey and Charlotte Skipper, who were able to offer training and guidance to Sirikwa Nembris, the School Audiologist. They were able to do audiograms on 100 children and Sirikwa is continuing this work.

The Breakfast Club is still going strong thanks to support from various Trusts and individuals who sponsor breakfast for £20 which feeds some 300 students and staff each day. This project has greatly benefited the health of the students and also had a very positive effect on their academic work. This year, all our pupils passed their Standard VII exam which will enable them to move onto secondary education – a fantastic result!

As reported last year, we are continuing to track our Alumni. Just this week, we heard that one of our students has passed his Secondary education – this is no small feat as the provision of sign language interpreters in secondary schools is very sparse. Mohammed worked very hard and we hope to be able to support him as he embarks on his next course of education. Through our partner, UMIVITA, a number of ex-students have been employed at Pizza Hut and we heard that Winnie received a certificate for the ‘Best Worker and Pizza Maker” – again another wonderful achievement.



Our aim has always been to help these students lead an independent life and with the help of organisations such as Caring & Sharing, we are making this happen for them. So on behalf of the children, staff and all of us at Tanzanear, thank you so much for all your support – Asante Sana!

Judith Roberts, Chairman
www.tanzanear.org

PENSIONS FOR CLERGY, RWANDA

Kigeme 21st October 2019

Hello, family that cares, and shares to us. You have been praying and following our news for a long time, may God bless you. We praise the Lord for you. We thank you very much.

We also praise for Toney Isaac for his regular visits to us.

We are thankful also for the Diocese that arranges that we meet when Tony comes this way. When we share our news to him we learn about each other. Some also have the opportunity to talk between themselves. One of the problems of old age is loneliness. It is always good for us to move away from home.

Another common problem is poverty. Your gift that comes every year is always welcome.

Of course each time we are going to meet we expect that a few more will not be there because their health has been a problem. Like that they send a child or a relative. This year as you heard it is unfortunate that Rose is no longer among us having moved to her eternal home.

Unfortunately a loss like this one

FOR

is expected especially at old age
As you pray pray also for our
spiritual life, the inheritance that
doesn't disapoint.

Your's

Past Nyilinkwayo Andre' Rupste Parish
Past Kampayano Samuel Kabups parish
Past Nsabitmano Emmanuel Musebaya Parish
Mrs Sekamandwo Josephine Gatendo Parish
Masengesho Ephrem
for Mrs Mudatenguko Consolée Mkomero Parish
Mrs Viniana Rutikoshuro Kabups Parish
Kwizero Rachel for Mrs Bunyomesu Mpyomburo Parish
Mrs Niyomano Evaste Kipome Parish
Mélène Makayimana Gitopa Parish
for Vélène Rutaburambura
Mélène for Beatrix Rutabohizi Gitopa Parish
Mrs Sebaganji Alvera Kibabi Parish
Mugsho Paul Mugombou Parish.

Dear Tony and brothers and Sisters of Caring and Sharing,

It was with great joy to be with Tony again in Kigeme Diocese, especially when he comes to meet the retired pastors [and dependents]. We really value your love and prayers and pray that God bless the work of your hands. You know that your work is not in vain, and that God Almighty's rewards are always planned for you.

Attached is a letter they wrote to Caring and Sharing, with hope of a good reception.

Yours in Christ,

The Rt Rev. MUSABYIMANA Assiel
Bishop of EAR Kigeme Diocese

Tony Isaac
www.lbmt.org.uk

BOLGATANGA, GHANA

The Needy scheme: Walking in solidarity with the rural poor.

Although there has been a substantial overall decline in the incidence of poverty in this part of the country, poverty still has a firm grip on rural areas. Poor rural people continue to have limited access to basic social services, safe water, sanitation, roads, and electricity and telephone services.

It has been for these rural poor and other vulnerable groups that Caring and Sharing's support over the years has gone to in the provision of food relief, mosquito nets, and other related needs. Simply, helping where the need has been most.

- **Mosquito nets** sponsorship from Caring and Sharing is contributing to eliminate the incidence of malaria in some parts of the region, bringing in its wake significant benefits to these communities.
- Deprived school children are being assisted with **learning materials and fees**, ensuring that they remain in school (helping to keep them off the streets; increasing young peoples' life chances and opportunities through education).
- Peter is 53, disabled and poor, and dependent on our handouts. His friend David is 59, heads a family of five, and has been in and out of odd jobs all his life. With no employable skills, poor and too weak to work, they will unfortunately remain unemployable. Aaron and David reflect a few of the many on **our social support network**, who are dependent on our handouts for survival. They represent Africa's poorest of the poor.
- Assisting **rural women with bicycles** to help them get by in their communities, where public transport is non-existent. Women and children have often used the bicycle for personal use, especially as a means of improved access to farms, clinics, markets, distant sources of portable water and other facilities. The bicycle is the transport of choice for most rural folk.



A proud beneficiary of our bicycles support scheme

The needy scheme remains committed and will continue to work in the provision of relief and support services, where the need will be most.

All our beneficiaries join me in extending our very sincere thanks to you all at Caring and Sharing for your continued support over these many years.

Fr Edwin Abanga

HAMLIN FISTULA HOSPITAL, ADDIS ABABA, ETHIOPIA (HFE)

We know exactly what they are going through, we've been through that pain and it gives them a tremendous sense of ease when we tell them we were once just like them...

Hamlin Fistula Ethiopia surgeon **Mamitu Gashe** specialises in repairing the most complex obstetric fistula. She decided to become a fistula surgeon after she almost died in childbirth at the age of 16. At the time she was a child bride who couldn't read or write – but after treating her, Drs Reg and Catherine Hamlin saw something in her, training her to become a world-renowned surgeon.

In the early years when she was undergoing treatment, Reg and Catherine employed Mamitu at the hospital and she began by helping make the patients' beds. Soon, Reg and Catherine saw something special in Mamitu.

It was not long before Mamitu was helping in the operating theatre. She started by sewing up wounds at the end of an operation and then started making initial incisions. Soon, she progressed to treating obstetric fistula injuries.

Under the Hamlins' guidance and training, Mamitu went on to become recognised as one of the finest fistula surgeons in the world. In 1989 she won the Gold Medal for surgery from the Royal College of Surgeons in London.



In 2018, Mamitu was listed in the BBC 100 Women list, amongst other leaders, trailblazers and everyday heroes. Mamitu still lives in the grounds of Hamlin's Addis Ababa Fistula Hospital.

www.hamlinfistulauk.org
hamlin.org.au

Hear her story as the first item at:

<https://www.bbc.co.uk/sounds/play/w3csyhph>

<https://www.youtube.com/watch?v=T8HpdcSXqVA>

CHURCH OF UGANDA KISIIZI HOSPITAL



Andrew, a male nurse on the Children's Ward, checking the oxygen saturation level on a patient using a Lifebox monitor. The device displays the pulse rate and oxygen saturation level and also indicates perfusion by the amplitude of the signal. This information is extremely valuable in assessing patients of all ages and guiding clinical management and we are very grateful to those who have helped Kisiizi to buy them. They are also very valuable in the operating theatres for monitoring patients undergoing anaesthesia and surgery.

We certainly needed the monitors for this 6 year old who arrived in a coma and turned out to have Diabetes, not previously diagnosed, and pneumonia.

He was in severe ketoacidosis and we are grateful for the dedicated staff on the ward, in the lab and pharmacy etc. who all contributed to his recovery... as you can see, his mum was thrilled!

Now, of course, starts the long haul with managing his diabetes ensuring correct diet and exercise, and supplies of insulin. We are very grateful for the **Good Samaritan Fund (GSF)** helping those patients who cannot afford their healthcare costs, including some diabetics. The GSF is supported by 25% of our Sunday service collections, contributions by visiting elective students, donations, and the proceeds of the Kisiizi Falls tourism project [and contributions from Caring and Sharing].

Dr. Ian Spillman, Medical Superintendent

www.kisiizihospital.org.ug

SOUTH AMERICAN PROJECTS

MY FATHER'S HOUSE, OLINDA, BRAZIL Casa De Meu Pai

We have reason to be grateful. My Father's House has also been celebrating 15 years as a registered NGO, here in Brazil. Hence the cake!

Since 1976, Siméa and I have worked together to bring the love of Christ to people and see their lives changed. To celebrate this moment of My Father's House, after all these years, only testifies to the ministry given to us by God and gives us strength to continue doing this work.



Also, My Father's House has had a very special year. A record number of our boys have been adopted and welcomed by new families. There were eleven adoptions in all.

This is a reason to celebrate, because this form of adoption, known here as "late adoption", is not very common, given that most families want babies or very young children.

Here, in this photo, you can meet Ciao, one of our boys, with his newly adopted brother:

In April, I am going to reach the young age of 76, which is the legal age limit for leading an Anglican church in Brazil. We have been praying for a successor for Living Waters Church and it looked to be a difficult task, as nobody wanted a church with no stipend attached and in a very low income area.

However, we can now reveal that God has answered our prayers and Living Waters will be going up in the world, given that it will be led by Bishop Flavio, who will be partly supported by CMS.

This will mean that I will have more time to concentrate my efforts at My Father's House and in further developing more the farm.

Rev. Ian Meldrum

www.facebook.com/serviceofhopeuk

NURSERIES OF CHRIST THE REDEEMER AND HOLY TRINITY, LIMA, PERU



I greet you in the love of Christ. This July we celebrated 198 years of our country's independence and in our Nursery Schools we celebrated it with great enthusiasm and thanks to the Lord, for our country. The parents together with the teachers prepared typical costumes (made with recyclable material), also typical dishes, dances, history, etc.

The places where children who come to our schools live as you know are very poor; they are going through difficult times because of the cold and the rain. That affects the attendance of children at school, they get sick, their clothes do not dry, their houses are flooded with water.

Thanks to your support and companionship we can help the children through the schools. We can provide clothes to keep them warm and also food, in addition to an education based on biblical principles. Your support and prayers are unconditionally very important to continue in our work with children. Thank you for your fellowship and love that you faithfully continue to have for our support work for our children in our nursery schools.

The Lord bless you greatly

Isabel Montoya, Director

STREET EDUCATORS, MEDELLÍN, COLOMBIA

Fundación ¡Vivan Los Niños!

With the stream of refugees from Venezuela unabated, our work with them increased during 2019 and we now have 100 of them coming to Casa Walsingham each day and 23 more on a waiting list for places there. In total we are now in touch with 170 of these boys and girls, as well 400 of our Colombian children.



A typical refugee family in the streets of Medellín

Most of them are found by our Street Educators as they move about the city's streets and it is their intervention at that stage that is crucial. The children are very young and very vulnerable. If left in the street the risk of being lost, preyed upon by drug dealers and drawn into the gangs is huge, so what we are doing is potentially life-saving.



A few of our refugee children at Casa Walsingham

We have been able to obtain school places for many of the boys and girls and for the other children we provide lessons at Casa Walsingham so they will not lose the habit of studying. We had hoped to have our own Primary School up and running by now but at the eleventh hour, when we thought we had fulfilled all the necessary criteria, a new Law came into being increasing the size that

any building must be to gain its Licence as a Primary School. Sadly Casa Walsingham, though large enough for our needs, was deemed by the authorities to be too small and so our plans are on hold at the moment. We would appreciate your prayers.

Pauline Allan
www.letthethechildrenlive.org

FEEDING PROGRAMME, HONDURAS

Alternativas y Oportunidades (Alternatives and Opportunities) is an institution that began 29 years ago in an effort to improve the quality of life for children, teenagers, and young adults working in the markets in Tegucigalpa and Comayagüela, Honduras, as well as in the communities surrounding the municipal landfill.

These children are enjoying a nutritious snack at the communal centre of a village which is located in the northern periphery of Tegucigalpa. Many of the mothers sell goods in the markets of this area and the children are taken care of at the communal centre every Thursday.



Food is provided every week in different places. On Monday in the Soursop Village, on Tuesday for children who live near the markets with parents working in the stalls, on Wednesday in the Campo Cielo Colony.

To qualify for the snacks, the children's parents must attend the Mother and Father School programme where there are weekly talks on various topics of interest.

Dr. Donald Kaminsky, Alternativas y Oportunidades

english.ayohonduras.com

ASIAN PROJECTS

CNI-SSI NAGPUR, INDIA

A question that continues to beg an answer in our caste-ridden Indian society is why, despite constitutional guarantees and the laws to protect women, the women of all castes and religions are brutalized when they seek education to rise up in society or to break the silence and open up to question the stereotyped oppressive system and tradition.

In this context the Church of North India Social Service Institute and the Indian Christian Women's Movement (ICWM) jointly organized a program with a theme **Women Restless For Justice** on the occasion of Human Rights Day on 10th December 2019 at CNI-ISSI Nagpur with an objective to facilitate a sisterhood of solidarity across boundaries to change unjust beliefs, practices and structures that perpetuate patriarchy and contribute to the exploitation of women at various levels. It also was felt that we need to facilitate networking, sharing information, having common programs to share knowledge and create awareness among the women.



The support from Caring & Sharing has been a great help in bringing awareness, empowering and also practically educating the girls and women about various issues that prevail in society and affect them. We are very proud to have shared a strategic alliance with Caring and Sharing during many of these years. Our desire is that this relationship will continue for many years into the future. Thank you friends of Caring and Sharing for your loyalty over the years and for allowing us to help very needy and underprivileged ones which is ultimately making a difference in their lives and thought processes.

Mrs. Aradhana Upadhyay, Director
www.cnissi.org
www.facebook.com/pg/cnissinagpur/

EBENEZER HOME OF SOCIAL OUTREACHES (EHSO), INDIA EHSO's Child Day Care Centres (CDCCs)



Ms. Sumathi is the caretaker/manager of the Ebenezer Child Day Care Centre (CDCC). Sumathi says: "I find great joy in attending to the children aged 2 – 5 years. Each day many of the parents who drop off their children and go for work are thankful for a place like the CDCC where love and care are showered by my team of dedicated carers. Often on the first day of joining the CDCC most children are not willing to stay in the nursery, but after some days they are happy to come to the Centre all of the time."

Ms. Sumathi's story of Pavithra

Sumathi tells a story of one child called **Pavithra** who is now in a Primary School 'Year 1'. Two years ago a couple, who work in the local brick kiln, brought Pavithra to enroll in the CDCC. On the first day Pavithra was very happy to stay but sadly Pavithra's father met with a fatal accident the very next day. The whole family were in grief for two weeks, after which Pavithra re-joined the CDCC and has now graduated to Primary School and is studying 1st Standard. Pavithra's mother continues to support the family working as a daily wages labourer. "This incident has really moved me a lot which I will never forget in my lifetime", says Sumathi.



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Martin Edwards

EUROPEAN PROJECTS

PINSK CHILDREN'S HOSPICE, BELARUS

Dear friends,

We would like to wish everybody a happy and healthy New Year. Thank you for your continuous support for the Pinsk Children's home hospice team. Through Caring and Sharing funding we can continue providing palliative care for 23 children residing in this region of Belarus, which is still affected today by the 1986 Chernobyl disaster.

With fundraising support, the diocese has also been building a central facility which will eventually assist with the work we are doing for the children and their families. We are also very fortunate to have the local community, including some of the teenagers, volunteer and help with the construction of the building. Without them we would not have reached this point.

We hope this will become a medical facility and in time serve the region's sick and disabled children.



The new building takes shape



Teenage volunteers

The Pinsk Home Hospice continues to build a support network by sharing our experiences with other voluntary organisations and professionals who are committed to bringing trust, dignity and joy to those children we seek to help. It proves to be very beneficial and shows times are changing, with barriers being broken down.

We hope that, with your help, we can continue to grow from strength to strength in the coming year and beyond.

*Father Sergie Plotnitsky
Head of Pinsk Hospice*

www.bogodelo.by/detskij-khospis.html
cclink.wixsite.com/cclashford/pinsk-children-s-hospice

FUNDATIA NEW LIFE, ROMANIA

Amara House for severely disabled young people

This time I want to share with you about the people without which our work at Amara wouldn't be possible: the staff! Back in 2003, when we tried to find staff for the house, we decided to find ordinary people from the community, to train them and to teach them how to care for our boys.

Gigica joined the team by “mistake” but I think it was all God's plan. Two



years after the opening, one of the staff members had to retire due to age combined with some medical problems. It was something unexpected and we desperately needed someone to come for a short period until we could find somebody to hire full time. She agreed to help for a couple of weeks but after she met the boys, she never left!

Simona – the best cook in the world

Back in the [state] orphanage, the food was so bad that you wouldn't even dare to feed your pigs with it! The first meal our boys had at the house! How they tried to cover the plates with their bodies and looking around to see if somebody would come to steal the food! Even years after they came to live at Amara, we could find bread hidden under their pillows!

Simona's food is absolutely fantastic! She can prepare a great meal out of nothing! And there is no need to mention the amazing cakes she makes for the birthdays at the house!



*Marius Istrate
Romanian Project Director*

*Read also of Radita, Nina, Adrian and Ionut at:
http://www.fundatianewlife.com/progress_reports*

Caring and Sharing East Sussex Website

www.caringandsharingeastsussex.org.uk

A number of churches with Caring and Sharing groups have their church websites listed on our Contacts page. If you would like your church website to be added to or deleted from our website, please contact the Projects Officer. You may also like to add our website as a link on your church's website.

MEMBERS OF THE CURRENT MANAGEMENT COMMITTEE

The Revd Canon Hugh Moseley, Chairman 01273 813260
Rushey Green Mill, Ringmer BN8 5JB
annabelle.moseley@btinternet.com

Mrs Angela Hawksley, Secretary and Eastern Groups 07976 389635
White House, Pett Level, Hastings TN35 4EH
angela.hawksley3@gmail.com

Mrs Holly Stevenson, Treasurer 01424 272581
130 Cooden Drive, Bexhill-on-Sea TN39 3AW
fluffyholly@outlook.com

Mr Michael Jones, Gift Aid 01323 472777
22 Chatham Green, Eastbourne BN23 5PQ
michael.s.jones@btinternet.com

Mrs Julia Maling, Projects Officer 01424 844960
36 Shipley Lane, Bexhill-on-Sea TN39 3SR
malinja@hotmail.com

Mrs Juliet Lyon (Western Groups) 01273 813298
17 Mill Gardens, Ringmer BN8 5JD
julietlyon@hotmail.co.uk

Mrs Christine Reade (Out of Sussex Groups) 01424 842673
5 Warnham Gardens, Cooden TN39 3SP
christine.reade46@gmail.com

Mr Chris James (Northern Groups) 01825 722411
4 Allington Road, Newick BN8 4NA

Mr Russell Meredith, Newsletter Editor 01424 224501
7 De Moleyns Close, Bexhill-on-Sea TN40 1UT
russell@windchange.myzen.co.uk

You can read more about these projects...

by looking on our website at:

caringandsharingeastsussex.org.uk/caringsharing.nsf/page/projects
and on the links given on most pages of the newsletter.

CARING AND SHARING EUCHARIST 2020

Saturday 3rd October 11am at St Peter's Church, Chailey. BN8 4DA,
when Ann and Malcolm Bates will talk about the **Steve Willis Memorial Fund**
water project. *Please bring a packed lunch. Drinks will be provided.*

Lent Lunches

Please look to see if there are any local lunches in Lent,
or some other time, supporting Caring and Sharing?

Other Events

Our supporters often run other events to raise funds for our projects, such as
Advent Lunches, Tea Parties, even Birthday Parties for significant anniversaries.

Will you leave a legacy to Caring and Sharing?

Our funds come from regular giving, one-off concerts, funeral collections and
occasional donations. Would you prayerfully consider leaving a bequest to our
Charity? If so, please remember that our charitable name is

'Caring and Sharing (East Sussex)'.



The Caring and Sharing Prayer

Generous Lord, who shared your life with us in your
Son Jesus, give us not only eyes to see the suffering of
humankind but also hearts moved to pity and minds
inspired to act; that together, through prayerful
Caring and Sharing we may help to relieve poverty,
heal the sick, protect the vulnerable, and teach the
young, by your grace and for your glory.

Amen.

THE CARING AND SHARING ASSOCIATION EAST SUSSEX

Registered Charity No 1022122

Patron: The Rt Rev Nicholas Reade

(website edition)